#### October 2019 to September 2020

£1,284.18 per month
£1,116.66 per month
Benefit cap in London for single person without children or not living with your children
Benefit cap outside London for single person without children or not living with your children:

		SI								
A	LHA cap - April 2020 (pcm)		Counts of rents	Lower quartile private monthly rent	between LHA and lower	Location banding	Lower quartile private	From	Journey time (mins) and daily peak return cost	
Area Southwark		Inner South East London	30	600		1 - in borough of Southwark	684.18	n/2	n/a	n/a
Lewisham		Inner South East London	130	625		2 - neighbouring borough		Peckham Rye	13 - £4.20	Every 30 mins
		Outer South East London	10	495		2 - neighbouring borough		Peckham Rye	47 - £5.80	· · · · · · · · · · · · · · · · · · ·
Bromley				613					47 - £3.80 37 - £3.00	Every 30 mins
Lambeth		Inner South East London	10	625		2 - neighbouring borough		Peckham Rye		Every 15 mins
Greenwich		Outer South Landon	20					London Bridge	25 - £4.80	Every 5 mins
Croydon		Outer South London	100	525 433	-77			London Bridge	20 - £7.20	Every 10 mins
Bexley		Outer South East London	20			3 - other London borough		London Bridge	48 - £8.40	Every 30 mins
Newham		Outer East London	50	520		3 - other London borough		London Bridge	33 - £7.80	Every 5 mins
Tower Hamlets		Inner East London	50	650		3 - other London borough		London Bridge	25 - £4.80	Every 5 mins
Wandsworth		Inner South West London	0	N/A		3 - other London borough	N/A	London Bridge	42 - £5.20	Every 5 mins
Westminster		Central London	10	843		3 - other London borough		London Bridge	8 - 4.80	Every 5 mins
RBKC		Central London	0	N/A		3 - other London borough		London Bridge	31 - £4.80	Every 5 mins
Dagenham	440	Outer North East London	20	550	-110	3 - other London borough	566.66	London Bridge	37 - £6.20	Every 5 mins
Feltham/Hounslow	498	Outer West London	40	595	-97	3 - other London borough	521.66	London Bridge	41 - £8.40	Every 10 mins
Dartford	385	North West Kent	0	N/A	N/A	4 - Selected South East	N/A	Peckham Rye	47 - £7.00	Every 15 mins
Gravesend	385	North West Kent	10	450	-65	4 - Selected South East	666.66	London Bridge	46 - £19.60	Every 10 mins
Stevenage	340	Stevenage & North Herts	90	370	-30	4 - Selected South East	746.66	London Bridge	42 - £23.20	Every 30 mins
Harlow	331	Harlow & Stortford	0	N/A	N/A	4 - Selected South East	N/A	London Bridge	65 - £19.90	Every 30 mins
Grays/Thurrock	332	South West Essex	0	N/A	N/A	4 - Selected South East	N/A	London Bridge	60- £22.60	Every 30 mins
Medway	315	Medway and Swale	170	350	-35	4 - Selected South East	766.66	Nunhead	57 - £19.40	Every 30 mins
Slough	448	East Thames Valley	10	550	-102	4 - Selected South East	566.66	London Bridge	60 - £21.40	Every 30 mins
Maidenhead	448	East Thames Valley	20	463	-15	4 - Selected South East	653.66	London Bridge	79 - £24.50	Every 10 mins
Basildon		South West Essex	20	350	-18	4 - Selected South East	766.66	London Bridge	56 - £25.10	Every 15 mins
Luton	340	Luton	70	375	-35	4 - Selected South East	741.66	London Bridge	50 - £30.70	Every 15 mins
Crawley	440	Crawley & Reigate	90	450	-10	4 - Selected South East		London Bridge	46- £30.30	Every 30 mins
Coventry	335	Coventry	100	368	-33	5 - Selected locations 60–120 mins from Southwark	748.66	London Bridge	100 - £62.50	Every 20 mins
Northampton	387	Northampton	120	433	-46	5 - Selected locations 60–120 mins from Southwark	683.66	London Bridge	94 - £54.00	Every 30 mins
Peterborough	284	Peterborough	780	340	-56	5 - Selected locations 60–120 mins from Southwark	776.66	London Bridge	93 - £43.40	Every 20 mins
Bedford	344	Bedford	0	N/A	N/A	5 - Selected locations 60–120 mins from Southwark	N/A	London Bridge	70 - £44.80	Every 30 mins
Leicester	338	Leicester	170	325	13	5 - Selected locations 60–120 mins from Southwark	791.66	London Bridge	95 - £85.00	Every 30 mins
Birmingham	290	Birmingham	50	325	-35	5 - Selected locations 60–120 mins from Southwark	791.66	London Bridge	122 - £37.50	Every 20 mins

October 2019 to September 2020

£1,284.18 per month £1,116.66 per month Benefit cap in London for single person without children or not living with your children Benefit cap outside London for single person without children or not living with your children:

Studios Journey time													
Avea	LHA cap - April	Durdon in and DDAMA	County of wombs	quartile private	between LHA and lower	Lasatian bandina	Lower quartile private monthly	From	(mins) and daily peal	Frequency			
Area	2020 (pcm)	Predominant BRMA Inner South East London	Counts of rents 40	monthly rent £1,000		Location banding	rent	n/a	return cost	n/a			
Southwark	,	Inner South East London		£800		<ul><li>1 - in borough of Southwark</li><li>2 - neighbouring borough</li></ul>	284.18		n/a 13 - £4.20	n/a Every 30 mins			
Lewisham	, -		90		£346 £147		484.18 539.18		47 - £5.80	•			
Bromley		Outer South East London		£745 £950		- 0 0 0			37 - £3.00	Every 30 mins			
Lambeth	, -	Inner South East London	40	£950 £750	£196	- 0 0 0	334.18	Peckham Rye		Every 15 mins			
Greenwich		Outer South Landon	30		£142		534.18		25 - £4.80	Every 5 mins			
Croydon		Outer South London	90	£700	£172		584.18		20 - £7.20	Every 10 mins			
Bexley		Outer South East London	30	£650	£242	· · · · · · · · · · · · · · · · · · ·	634.18		48 - £8.40	Every 30 mins			
Newham		Outer East London	60	£1,100	-£53		184.18	London Bridge	33 - £7.80	Every 5 mins			
Tower Hamlets	,	Inner East London	110	£1,281	-£1		3.18	London Bridge	25 - £4.80	Every 5 mins			
Wandsworth	,	Inner South West London	40	£974	£306	3 - other London borough	310.18	London Bridge	42 - £5.20	Every 5 mins			
Westminster	,	Central London	130	£1,213	£67	3 - other London borough	71.18	London Bridge	8 - 4.80	Every 5 mins			
RBKC		Central London	150	£1,278	£2	3 - other London borough	6.18	London Bridge	31 - £4.80	Every 5 mins			
Dagenham	£897	Outer North East London	10	£650	£247	3 - other London borough	466.66	London Bridge	37 - £6.20	Every 5 mins			
Feltham/Hounslow	£922	Outer West London	90	£750	£172	3 - other London borough	366.66	London Bridge	41 - £8.40	Every 10 mins			
Dartford	£673	North West Kent	40	£575	£98	4 - Selected South East	541.66	Peckham Rye	47 - £7.00	Every 15 mins			
Gravesend	£673	North West Kent	40	£525	£148	4 - Selected South East	591.66	London Bridge	46 - £19.60	Every 10 mins			
Stevenage	£673	Stevenage & North Herts	20	£575	£98	4 - Selected South East	541.66	London Bridge	42 - £23.20	Every 30 mins			
Harlow	£718	Harlow & Stortford	10	£625	£93	4 - Selected South East	491.66	London Bridge	65 - £19.90	Every 30 mins			
Grays/Thurrock	£698	South West Essex	40	£605	£93	4 - Selected South East	511.66	London Bridge	60- £22.60	Every 30 mins			
Medway	£593	Medway and Swale	90	£495	£98	4 - Selected South East	621.66	Nunhead	57 - £19.40	Every 30 mins			
Slough		East Thames Valley	20	£625	£172	4 - Selected South East	491.66	London Bridge	60 - £21.40	Every 30 mins			
Maidenhead		East Thames Valley	20	£700	£97	4 - Selected South East	416.66	London Bridge	79 - £24.50	Every 10 mins			
Basildon	£698	South West Essex	20	£550	£148	4 - Selected South East	566.66	London Bridge	56 - £25.10	Every 15 mins			
Luton		Luton	100	£458	£117	4 - Selected South East	658.66	London Bridge	50 - £30.70	Every 15 mins			
Crawley	£747	Crawley & Reigate	40	£650	£97	4 - Selected South East	466.66	London Bridge	46- £30.30	Every 30 mins			
Coventry	£488	Coventry	90	£410	£78	5 - Selected locations 60–120 mins from Southwark	706.66	London Bridge	100 - £62.50	Every 20 mins			
Northampton	£548	Northampton	10	£425	£123	5 - Selected locations 60–120 mins from Southwark	691.66	London Bridge	94 - £54.00	Every 30 mins			
Peterborough	£478	Peterborough	130	£455	£23	5 - Selected locations 60–120 mins from Southwark	661.66	London Bridge	93 - £43.40	Every 20 mins			
Bedford	£573	Bedford	20	£470	£103	5 - Selected locations 60–120 mins from Southwark	646.66	London Bridge	70 - £44.80	Every 30 mins			
Leicester	£448	Leicester	130	£350	£98	5 - Selected locations 60–120 mins from Southwark	766.66	London Bridge	95 - £85.00	Every 30 mins			
Birmingham	£523	Birmingham	160	£450	£73	5 - Selected locations 60–120 mins from Southwark	666.66	London Bridge	122 - £37.50	Every 20 mins			

October 2019 to September 2020

£1,284.18 per month £1,116.66 per month 1916.68 per month 1666.69 per month Benefit cap in London for single person without children or not living with your children Benefit cap outside London for single person without children or not living with your children.

Benefit cap in London for couples (with or without children) or a single parent.

onth Benefit cap outside London for couples (with or without children) or a single parent.

			7								
Area	LHA cap - April 2020 (pcm)	Predominant BRMA	Counts of rents	quartile private monthly	between LHA and lower quartile	Location banding	- Lower quartile private	Lower quartile private monthly rent	From	Journey time (mins) and daily peak	Frequency
Southwark		Inner South East London	390	•		1 - in borough of Southwark	59.18	691.68	n/a	n/a	n/a
Lewisham	, -	Inner South East London	560	1000		2 - neighbouring borough	284.18		Peckham Rye		Every 30 mins
Bromley		Outer South East London	480	900		2 - neighbouring borough	384.18		Peckham Rye	47 - £5.80	Every 30 mins
Lambeth		Inner South East London	370	1350		2 - neighbouring borough	-65.82		Peckham Rye		Every 15 mins
Greenwich	· · · · · · · · · · · · · · · · · · ·	Outer South East London	330	1100		3 - other London borough	184.18		London Bridge		Every 5 mins
Croydon		Outer South London	570	875		3 - other London borough	409.18		London Bridge		Every 10 mins
Bexley		Outer South East London	190			3 - other London borough	509.18		London Bridge		Every 30 mins
Newham		Outer East London	400	1100		3 - other London borough	184.18		London Bridge		Every 5 mins
Tower Hamlets		Inner East London	520	1350		3 - other London borough	-65.82		London Bridge		Every 5 mins
Wandsworth	, ,	Inner South West London	410	1300		3 - other London borough	-15.82		London Bridge		Every 5 mins
Westminster	· · · · · · · · · · · · · · · · · · ·	Central London	460	1668		ÿ	-383.82		London Bridge		Every 5 mins
RBKC		Central London	570	1712		3 - other London borough	-427.82		London Bridge		Every 5 mins
Dagenham	· · · · · · · · · · · · · · · · · · ·	Outer North East London	170			3 - other London borough	216.66		London Bridge	37 - £6.20	Every 5 mins
Feltha/Hounslow		Outer West London	390	1000		3 - other London borough	116.66		London Bridge		Every 10 mins
Dartford		North West Kent	200	725		4 - Selected South East	391.66		Peckham Rye	47 - £7.00	Every 15 mins
Gravesend		North West Kent	250	725		4 - Selected South East	391.66		London Bridge		Every 10 mins
Stevenage		Stevenage & North Herts	100			4 - Selected South East	421.66		London Bridge		Every 30 mins
Harlow		Harlow & Stortford	90	713		4 - Selected South East	403.66		London Bridge	65 - £19.90	Every 30 mins
Grays/Thurrock	£698	South West Essex	300	725	-27	4 - Selected South East	391.66		London Bridge	60- £22.60	Every 30 mins
Medway	£593	Medway and Swale	650	595	-2	4 - Selected South East	521.66		Nunhead		Every 30 mins
Slough	£797	East Thames Valley	220	788	9	4 - Selected South East	328.66		London Bridge	60 - £21.40	Every 30 mins
Maidenhead	£797	East Thames Valley	280	850	-53	4 - Selected South East	266.66	816.69	London Bridge	79 - £24.50	Every 10 mins
Basildon	£698	South West Essex	370	675	23	4 - Selected South East	441.66	991.69	London Bridge	56 - £25.10	Every 15 mins
Luton	£575	Luton	480	625	-50	4 - Selected South East	491.66	1041.69	London Bridge	50 - £30.70	Every 15 mins
Crawley	£747	Crawley & Reigate	290	800	-53	4 - Selected South East	316.66	866.69	London Bridge	46- £30.30	Every 30 mins
Coventry	£488	Coventry	270	505	-17	5 - Selected locations 60–120 mins from Southwark	611.66	1161.69	London Bridge	100 - £62.50	Every 20 mins
Northampton	£548	Northampton	250	563	-15	5 - Selected locations 60–120 mins from Southwark	553.66	1103.69	London Bridge	94 - £54.00	Every 30 mins
Peterborough	£478	Peterborough	670	500	-22	5 - Selected locations 60–120 mins from Southwark	616.66	1166.69	London Bridge	93 - £43.40	Every 20 mins
Bedford	£573	Redford	180	550	23	5 - Selected locations 60–120 mins from Southwark	566.66	1116.69	London Bridge	70 - £44.80	Every 30 mins
Leicester	£448	Leicester	550	475	-27	5 - Selected locations 60–120 mins from Southwark	641.66	1191.69	London Bridge	95 - £85.00	Every 30 mins
Birmingham	£523	Birmingham	1450	550	-27	5 - Selected locations 60–120 mins from Southwark	566.66	1116.69	London Bridge	122 - £37.50	Every 20 mins

October 2019 to September 2020

1916.68 per month

Benefit cap in London for couples (with or without children) or a single parent.

Benefit cap outside London for couples (with or without children) or a single parent.

	LHA cap - April		Counts of	Lower quartile private	between LHA and lower quartile		Lower quartile private	From	Journey time (mins) and daily peak	Frequency
Area	2020 (pcm)	Predominant BRMA	rents	monthly rent	private rent	Location banding	monthly rent		return cost	
Southwark		Inner South East London	470			1 - in borough of Southwark	416.68	,	n/a	n/a
Lewisham	1346	Inner South East London	710	1250		2 - neighbouring borough		Peckham Rye	13 - £4.20	Every 30 mins
Bromley	1096	Outer South East London	740	1150	-54	2 - neighbouring borough	766.68	Peckham Rye	47 - £5.80	Every 30 mins
Lambeth	1346	Inner South East London	610	1500	-154	2 - neighbouring borough	416.68	Peckham Rye	37 - £3.00	Every 15 mins
Greenwich	1096	Outer South East London	540	1250	-154	3 - other London borough	666.68	London Bridge	25 - £4.80	Every 5 mins
Croydon	£1,096	Outer South London	700	1100	-4	3 - other London borough	816.68	London Bridge	20 - £7.20	Every 10 mins
Bexley	1096	Outer South East London	330	995	101	3 - other London borough	921.68	London Bridge	48 - £8.40	Every 30 mins
Newham	1296	Outer East London	600	1339	-43	3 - other London borough	577.68	London Bridge	33 - £7.80	Every 5 mins
Tower Hamlets	1585	Inner East London	590	1625	-40	3 - other London borough	291.68	London Bridge	25 - £4.80	Every 5 mins
Wandsworth	1545	Inner South West London	710	1550	-5	3 - other London borough	366.68	London Bridge	42 - £5.20	Every 5 mins
Westminster	1585	Central London	500	2210	-625	3 - other London borough	-293.32	London Bridge	8 - 4.80	Every 5 mins
RBKC	1585	Central London	670	2275	-690	3 - other London borough	-358.32	London Bridge	31 - £4.80	Every 5 mins
Dagenham	1146	Outer North East London	280	1125	21	3 - other London borough	541.69	London Bridge	37 - £6.20	Every 5 mins
Feltham/Hounslow	1171	Outer West London	520	1200	-29	3 - other London borough	466.69	London Bridge	41 - £8.40	Every 10 mins
Dartford	847	North West Kent	380	875	-28	4 - Selected South East	791.69	Peckham Rye	47 - £7.00	Every 15 mins
Gravesend	847	North West Kent	370	800	47	4 - Selected South East	866.69	London Bridge	46 - £19.60	Every 10 mins
Stevenage	847	Stevenage & North Herts	180	888	-41	4 - Selected South East	778.69	London Bridge	42 - £23.20	Every 30 mins
Harlow	897	Harlow & Stortford	160	900	-3	4 - Selected South East	766.69	London Bridge	65 - £19.90	Every 30 mins
Grays/Thurrock	872	South West Essex	580	858	14	4 - Selected South East	808.69	London Bridge	60- £22.60	Every 30 mins
Medway	747	Medway and Swale	1060	750	-3	4 - Selected South East	916.69	Nunhead	57 - £19.40	Every 30 mins
Slough	920	East Thames Valley	210	950	-30	4 - Selected South East	716.69	London Bridge	60 - £21.40	Every 30 mins
Maidenhead	920	East Thames Valley	680	1050	-130	4 - Selected South East	616.69	London Bridge	79 - £24.50	Every 10 mins
Basildon	872	South West Essex	530	875	-3	4 - Selected South East		London Bridge	56 - £25.10	Every 15 mins
Luton	772	Luton	470	750	22	4 - Selected South East	916.69	London Bridge	50 - £30.70	Every 15 mins
Crawley	947	Crawley & Reigate	430	975	-28	4 - Selected South East		London Bridge	46- £30.30	Every 30 mins
Coventry	573	Coventry	940	625	-52	5 - Selected locations 60–120 mins from Southwark	1041.69	London Bridge	100 - £62.50	Every 20 mins
Northampton	693	Northampton	560	680	13	5 - Selected locations 60–120 mins from Southwark	986.69	London Bridge	94 - £54.00	Every 30 mins
Peterborough	593	Peterborough	1590	625	-32	5 - Selected locations 60–120 mins from Southwark	1041.69	London Bridge	93 - £43.40	Every 20 mins
Bedford	723	Bedford	320	700	23	5 - Selected locations 60–120 mins from Southwark	966.69	London Bridge	70 - £44.80	Every 30 mins
Leicester	563	Leicester	950	560	3	5 - Selected locations 60–120 mins from Southwark	1106.69	London Bridge	95 - £85.00	Every 30 mins
Birmingham	623	Birmingham	2250	650	-27	5 - Selected locations 60–120 mins from Southwark	1016.69	London Bridge	122 - £37.50	Every 20 mins

October 2019 to September 2020

1916.68 per month
Benefit cap in London for couples (with or without children) or a single parent.
Benefit cap outside London for couples (with or without children) or a single parent.

			3 bedroom										
	LHA cap - April		Counts of	quartile	Shortfall between LHA and lower		Benefit cap - Lower quartile private	From	Journey time (mins) and daily peak	Frequency			
Area	2020 (pcm)	Predominant BRMA	rents	-	quartile	Location banding	monthly rent		return cost				
Southwark	,	Inner South East London	160	1850		1 - in borough of Southwark	66.68	n/a	n/a	n/a			
Lewisham	1670	Inner South East London	270	1500	170	2 - neighbouring borough	416.68	Peckham Rye	13 - £4.20	Every 30 mins			
Bromley	1296	Outer South East London	290	1400	-104	2 - neighbouring borough	516.68	Peckham Rye	47 - £5.80	Every 30 mins			
Lambeth	1670	Inner South East London	210	2000	-330	2 - neighbouring borough	-83.32	Peckham Rye	37 - £3.00	Every 15 mins			
Greenwich	1296	Outer South East London	250	1450	-154	3 - other London borough	466.68	London Bridge	25 - £4.80	Every 5 mins			
Croydon	1371	Outer South London	260	1325	46	3 - other London borough	591.68	London Bridge	20 - £7.20	Every 10 mins			
Bexley	1296	Outer South East London	200	1150	146	3 - other London borough	766.68	London Bridge	48 - £8.40	Every 30 mins			
Newham	1545	Outer East London	300	1558	-13	3 - other London borough	358.68	London Bridge	33 - £7.80	Every 5 mins			
Tower Hamlets	1914	Inner East London	210	2000	-86	3 - other London borough	-83.32	London Bridge	25 - £4.80	Every 5 mins			
Wandsworth	1914	Inner South West London	290	1865	49	3 - other London borough	51.68	London Bridge	42 - £5.20	Every 5 mins			
Westminster	1914	Central London	170	3033	-1119	3 - other London borough	-1116.32	London Bridge	8 - 4.80	Every 5 mins			
RBKC	1914	Central London	190	3543	-1629	3 - other London borough	-1626.32	London Bridge	31 - £4.80	Every 5 mins			
Dagenham	1265	Outer North East London	170	1350	-85	3 - other London borough	316.69	London Bridge	37 - £6.20	Every 5 mins			
reitnam/nounsio	1396	Outer West London	250	1460	-64	3 - other London borough	206.69	London Bridge	41 - £8.40	Every 10 mins			
Dartford	1047	North West Kent	180	1100		4 - Selected South East	566.69	Peckham Rye	47 - £7.00	Every 15 mins			
Gravesend	1047	North West Kent	260	975	72	4 - Selected South East	691.69	London Bridge	46 - £19.60	Every 10 mins			
Stevenage	1047	Stevenage & North Herts	100	1050	-3	4 - Selected South East		London Bridge	42 - £23.20	Every 30 mins			
Harlow	1121	Harlow & Stortford	90	1150	-29	4 - Selected South East	516.69	London Bridge	65 - £19.90	Every 30 mins			
Grays/Thurrock	1072	South West Essex	330	1100	-28	4 - Selected South East	566.69	London Bridge	60- £22.60	Every 30 mins			
Medway	847	Medway and Swale	780	850	-3	4 - Selected South East	816.69	Nunhead	57 - £19.40	Every 30 mins			
Slough	1271	East Thames Valley	80	1250	21	4 - Selected South East	416.69	London Bridge	60 - £21.40	Every 30 mins			
Maidenhead	1271	East Thames Valley	300	1300	-29	4 - Selected South East	366.69	London Bridge	79 - £24.50	Every 10 mins			
Basildon	1072	South West Essex	380	1050	22	4 - Selected South East	616.69	London Bridge	56 - £25.10	Every 15 mins			
Luton	972	Luton	320	950	22	4 - Selected South East	716.69	London Bridge	50 - £30.70	Every 15 mins			
Crawley	1196	Crawley & Reigate	240	1175	21	4 - Selected South East	491.69	London Bridge	46- £30.30	Every 30 mins			
Coventry	673	Coventry	660	695	-22	5 - Selected locations 60–120 mins from Southwark	971.69	London Bridge	100 - £62.50	Every 20 mins			
Northampton	797	Northampton	300	780	17	5 - Selected locations 60–120 mins from Southwark	766.69	London Bridge	94 - £54.00	Every 30 mins			
Peterborough	693	Peterborough	1220	700	-7	5 - Selected locations 60–120 mins from Southwark	966.69	London Bridge	93 - £43.40	Every 20 mins			
Bedford	872	Bedford	240	850	22	5 - Selected locations 60–120 mins from Southwark	816.69	London Bridge	70 - £44.80	Every 30 mins			
Leicester	673	Leicester	460	625	48	5 - Selected locations 60–120 mins from Southwark	1041.69	London Bridge	95 - £85.00	Every 30 mins			
Birmingham	673	Birmingham	1500	695	-22	5 - Selected locations 60–120 mins from Southwark	971.69	London Bridge	122 - £37.50	Every 20 mins			

October 2019 to September 2020

1916.68 per month 1666.69 per month Benefit cap in London for couples (with or without children) or a single parent.

Benefit cap outside London for couples (with or without children) or a single parent.

			4 bedro	om						
Area	LHA cap - April 2020 (pcm)	Predominant BRMA	Counts of rents	Lower quartile private monthly rent	Shortfall between LHA and lower	Location banding	Benefit cap - Lower quartile private monthly rent	From	Journey time (mins) and daily peak return cost	Frequency
Southwark		Inner South East London	80	2400		1 - in borough of Southwark	-483.32	n/a	n/a	n/a
Lewisham		Inner South East London	80	1900			16.68	Peckham Rye	13 - £4.20	Every 30 mins
Bromley		Outer South East London	140	1813		2 - neighbouring borough	103.68	Peckham Rye	47 - £5.80	Every 30 mins
Lambeth	2193	Inner South East London	80	2650		2 - neighbouring borough	-733.32	Peckham Rye	37 - £3.00	Every 15 mins
Greenwich		Outer South East London	80	1650			266.68	London Bridge	25 - £4.80	Every 5 mins
Croydon		Outer South London	100	1750			166.68	London Bridge	20 - £7.20	Every 10 mins
Bexley		Outer South East London	70	1320				London Bridge	48 - £8.40	Every 30 mins
Newham		Outer East London	100	1850			66.68	London Bridge	33 - £7.80	Every 5 mins
Tower Hamlets		Inner East London	50	2395			-478.32	London Bridge	25 - £4.80	Every 5 mins
Wandsworth		Inner South West London	210	2500		3 - other London borough	-583.32	London Bridge	42 - £5.20	Every 5 mins
Westminster		Central London	50	4088		3 - other London borough	-2171.32	London Bridge	8 - 4.80	Every 5 mins
RBKC		Central London	80	4983		3 - other London borough	-3066.32	London Bridge	31 - £4.80	Every 5 mins
Dagenham		Outer North East London	30	1550		0	116.69	London Bridge	37 - £6.20	Every 5 mins
Feltham/Hounslo w		Outer West London	110			3 - other London borough	-83.31	London Bridge	41 - £8.40	Every 10 mins
Dartford	1296	296 North West Kent		1500	-204	4 - Selected South East	166.69	Peckham Rye	47 - £7.00	Every 15 mins
Gravesend	1296	North West Kent	80	1200	96	4 - Selected South East	466.69	London Bridge	46 - £19.60	Every 10 mins
Stevenage	1296	Stevenage & North Herts	20	1200	96	4 - Selected South East	466.69	London Bridge	42 - £23.20	Every 30 mins
Harlow	1296	Harlow & Stortford	20	1348	-52	4 - Selected South East	318.69	London Bridge	65 - £19.90	Every 30 mins
Grays/Thurrock	1328	South West Essex	80	1400	-72	4 - Selected South East	266.69	London Bridge	60- £22.60	Every 30 mins
Medway	1196	Medway and Swale	140	1100	96	4 - Selected South East	566.69	Nunhead	57 - £19.40	Every 30 mins
Slough	1595	East Thames Valley	30	1450	145	4 - Selected South East	216.69	London Bridge	60 - £21.40	Every 30 mins
Maidenhead	1595	East Thames Valley	110	1650	-55	4 - Selected South East	16.69	London Bridge	79 - £24.50	Every 10 mins
Basildon	1328	South West Essex	110	1300	28	4 - Selected South East	366.69	London Bridge	56 - £25.10	Every 15 mins
Luton	1146	Luton	80	1150	-4	4 - Selected South East	516.69	London Bridge	50 - £30.70	Every 15 mins
Crawley	1545	Crawley & Reigate	70	1450	95	4 - Selected South East	216.69	London Bridge	46- £30.30	Every 30 mins
Coventry	872	Coventry	120	900	-28	5 - Selected locations 60–120 mins from Southwark	1298.69	London Bridge	100 - £62.50	Every 20 mins
Northampton	1017	Northampton	100	1050	-33	5 - Selected locations 60–120 mins from Southwark	616.69	London Bridge	94 - £54.00	Every 30 mins
Peterborough	897	Peterborough	350	875	22	5 - Selected locations 60–120 mins from Southwark	791.69	London Bridge	93 - £43.40	Every 20 mins
Bedford	1146	Bedford	80	1175	-29	5 - Selected locations 60–120 mins from Southwark	491.69	London Bridge	70 - £44.80	Every 30 mins
Leicester	892	Leicester	130	875	17	5 - Selected locations 60–120 mins from Southwark	791.69	London Bridge	95 - £85.00	Every 30 mins
Birmingham	782	Birmingham	240	900	-118	5 - Selected locations 60–120 mins from Southwark	766.69	London Bridge	122 - £37.50	Every 20 mins

### TA PAN LONDON RATES

														Variance betwee	n	Variance between		Variance between	1		Variance between			Variance betwee				ce between
							Shared Lower	Studio Lower		2 1 - 4 1	3 bed Lower	4 b - d 1		pan london rate and equivalent	pan london rates	pan london rate and equivalent	pan london rates	pan london rate and equivalent		Variance between		Variance betw		pan london rate and equivalent		Variance between pan london rate		ndon rate
	SHARED LHA cap	studios i	HA cap - 1 BED LHA cap -	2 BED LHA cap -	3 BED LHA cap -	4 BED LHA cap -	quartile private	quartile private	1 bed Lower quartile private	2 bed Lower quartile private	quartile private	4 bed Lower quartile private	pan london rates		studio self	lower quartile	self contained 1	lower quartile	pan london rates		self contained 2 lower quartile	pan london rates and 2 bed lower	r self contained 3	lower quartile	nan london rates	and 3 bed lower		quivalent quartile
Area	April 2020 (pcm)		(pcm) April 2020 (pcm)		April 2020 (pcm)	April 2020 (pcm)	monthly rent	monthly rent	monthly rent	monthly rent	monthly rent	monthly rent	shared single	rent	contained	rent2	hed	rent3	shared double	quartile rent	hed rent4	shared triple quartile rent	hed	rent5	shared guad	quartile rent	hed rent6	dartile
Southwark		515	£1,146 £1,14					£1.000						1 2	109		124		2 106		60 1627 12	7 1369	131 203		38 155		2555	155
Lewisham	5	515	£1,146 £1,14					,		-			-		109	£29	124	7 24	7 1065	5	65 1627 37	7 1369	119 203	8 5	38 155	1 51	2555	655
Bromley	4	148	£892 £89	2 109	96 1296	1595	495	£745	90	00 115	1400	181	3 82	1 3	108	£33	124	7 34	7 1065	5 1	65 1627 47	7 1369	219 203	8 6	38 155	1 151	2555	742
Lambeth	5	515	£1,146 £1,14	6 134	16 1670	2193	613	£950	135			2650	0 82	1 2	109	£14	124	7 -10	1065	5 -2	85 1627 12	7 1369	131 203	8	155	1 -449	2555	-95
Greenwich	4	148	£892 £89	2 109	96 1296	1595	625	£750	110	00 125	1450	1650	0 82	1 1	108	£330	124	7 14	7 1065	5	35 1627 37	7 1369	119 203	18 58	38 155	1 101	2555	905
Croydon	4	148	£872 £87	2 £1,09	96 1371	1 1730	525	£700	87	75 110	1325	1750	0 82	1 2	106	£36	124	7 37	2 1065	5 1	90 1627 52	7 1369	269 203	18 7:	13 155	1 226	2442	692
Bexley	4	148	£892 £89	2 109	96 1296	1595	433	£650	77	75 99	1150	1320	0 56	2 1	108	£43i	118	7 41	2 843	3	68 1460 46	5 843	152 174	19 59	99 84	3 -307	1825	505
Newham	4	190	£1,047 £1,04	7 129	96 1545	1795	520	£1,100	110	00 133	1558	1850	0 56	2	100	1 -£9	127	8 17	8 852	2 -2	48 1673 33	4 973	3 <mark>66</mark> 191	.6 35	109	5 <b>-463</b>	2129	279
Tower Hamlets	5	91	£1,280 £1,28	0 158	35 1914	2538	650	£1,281	135	50 162	2000	2395	5 124	7 5	124	7 -£3-	138	4 3	4 1308		42 1658 3	3 1490	135 187	1 -17	29 152	1 -479	2251	-144
Wandsworth	5	506	£1,280 £1,28	0 154	15 1914	1 2572	N/A	£974	130	00 155	1865	2500	0 92	7 N/A	109	£12	146	0 16	0 1106	6 -1	9 <mark>4</mark> 1795 24	5 1401	149 212	.9 20	54 155	1 -314	2457	-43
Westminster	6	568	£1,280 £1,28	0 158	35 1914	1 2572	843	£1,213	166	58 221	3033	4088	8 N/A	N/A	136	£15	143	0 -23	8 N/A	N/A		7 N/A N/A	197	7 -10	N/A	N/A	2281	-1807
RBKC	6	568	£1,280 £1,28		75		N/A	£1,278	171	12 227				0 N/A	127	-£:	164	3 -7	0 1384		28 2312 3	7 1506	7 <mark>69</mark> 231		150		2312	-2671
Dagenham reimann/mouns	4	140	£897 £89	7 114	16 1265	1725	550	£650	90	00 112	1350	1550	0 76	0 2	.0 86	£21	7 86	7 -3	913	3	13 1034 -9	1 1065	<del>-60</del> 124	17 -10	121	7 -133	1551	1
ow	4	198	£922 £92				595	£750						0 1	106	£31	121	7 21	7 913	3	88 1853 65	3 1095	1 <mark>05</mark> 222	10 76	50 127	8 -183	2616	866
Dartford	3	385	£673 £67		17 10-17		,	£575		.5 87																		
Gravesend	3	385	£673 £67							.5 80																		
Stevenage	3	340	£673 £67		10-17			1373			1030		-															
Harlow	3	331	£718 £71	8 89				£625		.3 90			~															
Grays	3	332	£698 £69	8 87	72 1072			£605		!5 85	1100																	
Medway	3	315	£593 £59		.,		330	1433		15			~															
Slough	4	148	£797 £79					£625		88 95																		
Maidenhead	4	148	£797 £79		1272		403	1700		0 105			-															
Basildon	3	332	£698 £69	8 87 5 77						75 87																		
2 i	3	340	£575 £57				573						-															
Crawley	4	140	£747 £74 £488 £48		1130					00 97		1450																
Northampton	3	007	£548 £54				500						~															
Peterborough	3	104	£348 £34				433	£425			700	1050																
Bedford	2	244	£573 £57	0 33	23 872	057	540 N/A	£470	, 50	,O	700	07.	,															
Leicester	3	138	f448 f44	-			325	£470							+													
Birmingham	2	200	£523 £52	50	23 679	, 032	32.5	£450			605	900	0															
Diminghaill			LJ23 E32	5 02	0/:	/82	323	1450	) 33	00	093	900	V <sub>I</sub>													1		

NOTES

Negative variance shows that pan London rate in area doesn't even meet lower quartile private sector rent and is therefore unlikely to be a viable option

Self Contained rates include utilities payments where specified in pan London rat

## **Monthly Benefit caps**

## Benefit cap in London

£442.31 per week Couple (with or without children) or a single parent:

£296.35 per week Single person without children or not living with your children:

1916.68 per month Couple (with or without children) or a single parent:

1284.18 per month Single person without children or not living with your children:

# Benefit cap outside London

£384.62 per week Couple (with or without children) or a single parent:

£257.69 per week Single person without children or not living with your children:

1666.69 per month Couple (with or without children) or a single parent:

1116.66 per month Single person without children or not living with your children: